



MACCD Comprehensive Exam Study Guide

MACCD students take *two* written Comprehensive Exams:

◆Each MACCD student takes a Comprehensive Exam that covers the following six Bible and theology courses in the MACCD curriculum. On page two of this document you will find a mini-study guide for the Bible and Theology portion of your Comprehensive Exam.

1. Old Testament History I (Genesis-Ruth)
2. Old Testament History II and Major Prophets
3. Four Gospels and Acts
4. New Testament Epistles
5. Anthropology, Hamartiology, Soteriology
6. Pneumatology and Ecclesiology

◆Each MACCD student takes a **two-part** Comprehensive Exam that covers both objective questions and essays.

- **Part I: All MACCD students take the same objective exam.**

Be prepared to answer objective questions about the foundational principles and concepts of the MACCD program. These questions may be True/False, Matching, Fill in the Blank, or Multiple Choice.

See page 3 for the study guide for the objective portion of your comprehensive exam.

- **Part II: Each MACCD student also takes an essay exam that is unique to the student's concentration.**

This portion of the exam covers the nine-to-eleven counseling and discipleship courses in the MACCD curriculum. Depending on your MACCD Concentration, you will take **one** of the following exams:

1. The MACCD Church and Para-Church Comprehensive Exam.
See pages four and five of this document for the study guide.

OR

2. The MACCD Youth and Family Comprehensive Exam. See pages six and seven of this document for the study guide.

OR

3. The MACCD Christian School Guidance Counseling Comprehensive Exam. See pages eight and nine of this document for the study guide.

MACCD Comprehensive Exam Mini-Study Guide Bible and Theology Section

- ◆ **No specific study guide is provided for your Bible and theology Comprehensive Exam. However, to prepare for this section of your Comprehensive Exam, you may find it helpful to:**
 - ◆ Know that this exam is not in essay form. Rather it may consist of formats such as true/false, and/or matching, and/or multiple choice, and/or fill in the blanks.
 - ◆ Review your class notes from the six Bible and theology courses listed above.
 - ◆ Review key definitions of theological terms, review names of significant individuals in the Scripture and their role in the text, review significant dates for key events, and review the theme, purpose, argument, development, and outline of each Bible book studied.
 - ◆ Review the objectives for each Bible and theology course listed above.
 - ◆ Review your quizzes, exams, papers, and projects from each Bible and theology course listed above.
 - ◆ Review sections your professors highlighted in the required course texts for each Bible and theology course listed above.

MACCD Comprehensive Exam Study Guide: Objective Portion

Upon successful preparation, students will be able to:

1. Identify the major concepts from DC I, DC II, MF I, MF II, Small Group, and PCD.
2. Describe how to use the smaller story and the larger story when ministering to a suffering friend.
3. Explain the implications of the Trinity as an eternal Community of Oneness involved in intimacy and admiration.
4. Understand the holy love of God.
5. Compare and contrast Satan before and after his fall.
6. Outline how things were originally meant to be using the categories of pristine environment, peaceful relationships, and meaningful purpose.
7. Distinguish between the structural self, the social self, the stewardship self, and the shalom self.
8. Understand the relational capacities (spiritual, social and self-aware).
9. Compare and contrast our rational and volitional capacities.
10. Compare and contrast our emotional and physical capacities.
11. Understand the principles of who we are to Christ and who we are in Christ
12. Compare and contrast our redeemed relational, rational, volitional, emotional, and physical capacities.
13. Describe what to give up and what to attach to with each of the Spiritual Disciplines.
14. Identify the five basic emotional/relational skills.
15. Describe Reconciling Marital Competencies (Relational Competencies).
16. Distinguish between the Marital Relational Styles Quadrants.
17. Compare and contrast the six stages of the small group dance.

Church and Para-Church Concentration

In our MACCD program we have emphasized "a biblical way of thinking like Christ" and "a depth way of relating like Christ." These components are difficult to measure in a written format. However, we believe that the counseling/discipleship portion of your Comprehensive Exam will provide you with the opportunity to:

- ◆Ponder how you have grown relationally.
- ◆Synthesize the biblical model (way of thinking about counseling/discipleship) that you have learned.
- ◆Develop your own biblical approach to Christian counseling and discipleship.

Be prepared to answer objective questions about the foundational principles and concepts of the MACCD program. These questions may be True/False, Matching, Fill in the Blank, or Multiple Choice. See page three for the study guide for the objective portion of the exam.

Also, be prepared to discuss, in short-answer/essay form, the following questions. Feel free to ask your MACCD faculty whatever clarification questions you need to successfully prepare for your comprehensive exam.

Question One--Your Growth As a Christian and As a Counselor:

Ponder and be prepared to describe how you have grown in your personal life as a relational beings (as a spiritual being, social being, and self-aware being), as a rational being, as a volitional being, and as an emotional being. In other words, what have you learned about yourself as an image bearer and how has it impacted you personally? Also, ponder and be prepared to describe how you have grown as a counselor/discipler/pastor/spiritual friend in the three areas of: **content/conviction, character, and competence as an individual counselor, marriage counselor, and family/parental counselor.** In other words, what have you learned, how has it impacted you professionally, and how is it helping you as a counselor/discipler?

Question Two--Summarize Individual Counseling: Describe what you think the keys are to sustaining, healing, reconciling, and guiding individuals. This is your chance to review and synthesize individual counseling. Be sure to include key MACCD issues: Grace, Truth, Creation, Fall, Redemption, Relational, Rational, Volitional, Emotional, Physical, Sustaining, Healing, Reconciling, and Guiding.

Question Three--Summarize Marriage Counseling: Describe what you think the keys are to sustaining, healing, reconciling, and guiding couples. This is your chance to review and synthesize marriage counseling. Be sure to include key MACCD issues: Grace, Truth, Creation, Fall, Redemption, Relational, Rational, Volitional, Emotional, Physical, Sustaining, Healing, Reconciling, and Guiding.

Question Four--Summarize Family/Parental Counseling: Describe what you think the keys are to sustaining, healing, reconciling, and guiding families/parents.

This is your chance to review and synthesize family/parental counseling. Be sure to include key MACCD issues: Grace, Truth, Creation, Fall, Redemption, Relational, Rational, Volitional, Emotional, Physical, Sustaining, Healing, Reconciling, and Guiding.

Question Five--Apply Your Learning to a Specific "Disorder" or "Maladjustment" of Your Choosing: In our elective classes, you have learned about and written papers on how to apply our model to various disorders and maladjustments. In this section, select any "legitimate disorder" or "maladjustment" and describe the "order" (original design of God concerning this area of human functioning), the "disorder" (the diagnosis and description of how the Fall marred this area of human functioning), and "reorder" (healthy functioning looks like in this area and how you would assist a person to find healing and growth toward health). Be sure to include key MACCD issues: Grace, Truth, Creation, Fall, Redemption, Relational, Rational, Volitional, Emotional, Physical, Sustaining, Healing, Reconciling, and Guiding.

Question Six--Summarize Your Small Group Discipleship Model: Present a biblical philosophy of small group ministry, describe the stages of small group development, summarize the various types of small groups, discuss keys to small group facilitation, and outline how to develop, implement, and oversee a small group ministry in the local church.

Question Seven--Summarize Your Personal Counseling and Discipleship Approach to Spiritual Disciplines and Spiritual Formation: Present the biblical philosophy behind personal spiritual formation through spiritual disciplines, outline various types of spiritual disciplines, describe in detail one of the spiritual disciplines, explain the role of a spiritual formation director, and outline your personal spiritual workout routine.

Question Eight--Summarize Your "Embryonic" Model: Assume that you are preparing for an interview for a position (in a church, in a para-church ministry, in a Bible College or Seminary, etc.) where you will be training lay counselors, pastoral counselors, or professional counselors. They want you to submit a summary of **your** model of biblical counseling and your method of equipping counselors and disciplers. What would you submit? You've been encouraged to think throughout the MACCD program about what you would do differently, how you would teach this or that, and what your views are on individual, marital, and family counseling. Be prepared to describe **your model of counseling and discipleship and your method of equipping counselors and disciplers.**

Youth and Family Concentration

In our MACCD program we have emphasized "a biblical way of thinking like Christ" and "a depth way of relating like Christ." These components are difficult to measure in a written format. However, we believe that the counseling/discipleship portion of your Comprehensive Exam will provide you with the opportunity to:

- ◆Ponder how you have grown relationally.
- ◆Synthesize the biblical model (way of thinking about counseling/discipleship) that you have learned.
- ◆Develop your own biblical approach to Christian counseling and discipleship with a focus on youth and family ministry.

Be prepared to answer objective questions about the foundational principles and concepts of the MACCD program. These questions may be True/False, Matching, Fill in the Blank, or Multiple Choice. See page three for the study guide for the objective portion of the exam.

Also, be prepared to discuss, in short-answer/essay form, the following questions. Feel free to ask your MACCD faculty whatever clarification questions you need to successfully prepare for your comprehensive exam.

Question One--Your Growth As a Christian and As a Counselor: Ponder and be prepared to describe how you have grown in your personal life as a relational beings (as a spiritual being, social being, and self-aware being), as a rational being, as a volitional being, and as an emotional being. In other words, what have you learned about yourself as an image bearer and how has it impacted you personally? Also, ponder and be prepared to describe how you have grown as a counselor/discipler/pastor/spiritual friend in the three areas of: **content/conviction, character, and competence as an individual counselor, marriage counselor, family/parental counselor, and adolescent counselor.** In other words, what have you learned, how has it impacted you professionally, and how is it helping you as a counselor/discipler?

Question Two--Summarize Individual Counseling: Describe what you think the keys are to sustaining, healing, reconciling, and guiding individuals. This is your chance to review and synthesize individual counseling. Be sure to include key MACCD issues: Grace, Truth, Creation, Fall, Redemption, Relational, Rational, Volitional, Emotional, Physical, Sustaining, Healing, Reconciling, and Guiding.

Question Three--Summarize Marriage Counseling: Describe what you think the keys are to sustaining, healing, reconciling, and guiding couples. This is your chance to review and synthesize marriage counseling. Be sure to include key MACCD issues: Grace, Truth, Creation, Fall, Redemption, Relational, Rational, Volitional, Emotional, Physical, Sustaining, Healing, Reconciling, and Guiding.

Question Four--Summarize Family/Parental Counseling: Describe what you think the keys are to sustaining, healing, reconciling, and guiding families/parents.

This is your chance to review and synthesize family/parental counseling. Be sure to include key MACCD issues: Grace, Truth, Creation, Fall, Redemption, Relational, Rational, Volitional, Emotional, Physical, Sustaining, Healing, Reconciling, and Guiding.

Question Five--Summarize Adolescent Counseling: Describe what you think the keys are to sustaining, healing, reconciling, and guiding adolescents. This is your chance to review and synthesize adolescent counseling and discipleship. Be sure to include key MACCD issues: Grace, Truth, Creation, Fall, Redemption, Relational, Rational, Volitional, Emotional, Physical, Sustaining, Healing, Reconciling, and Guiding. Additionally, discuss how the following factors impact counseling adolescents: the stages of development, youth culture, post-modernism, and legal/ethical issues in counseling minors.

Question Six--Summarize Your Small Group Discipleship Model: Present a biblical philosophy of small group ministry, describe the stages of small group development, summarize the various types of small groups, discuss keys to small group facilitation, and outline how to develop, implement, and oversee a small group ministry in the local church. Additionally, discuss factors necessary to lead an effective small group ministry for adolescents.

Question Seven—Summarize Your "Embryonic Philosophy of Youth Ministry: Describe the foundations and philosophy of youth ministry, outline contemporary theological issues in youth ministry, and explain cross-cultural youth ministry. This is your opportunity to review and synthesize your philosophy of youth ministry.

Question Eight--Summarize Your "Embryonic" Model/Practice of Youth and Family Ministry: Assume that you are preparing for an interview for a position (in a church, in a para-church ministry, in a Bible College or Seminary, etc.) where you would be working in youth and family ministry. Present your strategy for envisioning, planning, implementing, and overseeing a youth and family ministry. This is your opportunity to review and synthesize your model, methods, and practice of youth and family ministry.

Guidance Counseling Concentration

In our MACCD program we have emphasized "a biblical way of thinking like Christ" and "a depth way of relating like Christ." These components are difficult to measure in a written format. However, we believe that the counseling/discipleship portion of your Comprehensive Exam will provide you with the opportunity to:

- ◆Ponder how you have grown relationally.
- ◆Synthesize the biblical model (way of thinking about counseling/discipleship) that you have learned.
- ◆Develop your own biblical approach to Christian counseling and discipleship.

Be prepared to answer objective questions about the foundational principles and concepts of the MACCD program. These questions may be True/False, Matching, Fill in the Blank, or Multiple Choice. See page three for the study guide for the objective portion of the exam.

Also, be prepared to discuss, in short-answer/essay form, the following questions. Feel free to ask your MACCD faculty whatever clarification questions you need to successfully prepare for your comprehensive exam.

Question One--Your Growth As a Christian and As a Counselor: Ponder and be prepared to describe how you have grown in your personal life as a relational beings (as a spiritual being, social being, and self-aware being), as a rational being, as a volitional being, and as an emotional being. In other words, what have you learned about yourself as an image bearer and how has it impacted you personally? Also, ponder and be prepared to describe how you have grown as a counselor/discipler/pastor/spiritual friend in the three areas of: **content/conviction, character, and competence as an individual counselor, marriage counselor, and family/parental counselor.** In other words, what have you learned, how has it impacted you professionally, and how is it helping you as a counselor/discipler?

Question Two--Summarize Individual Counseling: Describe what you think the keys are to sustaining, healing, reconciling, and guiding individuals. This is your chance to review and synthesize individual counseling. Be sure to include key MACCD issues: Grace, Truth, Creation, Fall, Redemption, Relational, Rational, Volitional, Emotional, Physical, Sustaining, Healing, Reconciling, and Guiding.

Question Three--Summarize Marriage Counseling: Describe what you think the keys are to sustaining, healing, reconciling, and guiding couples. This is your chance to review and synthesize marriage counseling. Be sure to include key MACCD issues: Grace, Truth, Creation, Fall, Redemption, Relational, Rational, Volitional, Emotional, Physical, Sustaining, Healing, Reconciling, and Guiding.

Question Four--Summarize Family/Parental Counseling: Describe what you think the keys are to sustaining, healing, reconciling, and guiding families/parents. This is your chance to review and synthesize family/parental counseling. Be sure to

include key MACCD issues: Grace, Truth, Creation, Fall, Redemption, Relational, Rational, Volitional, Emotional, Physical, Sustaining, Healing, Reconciling, and Guiding.

Question Five--Summarize Guidance Counseling: Summarize your philosophy and model of guidance counseling in the context of a Christian school setting. Discuss the planning, organization, delivery and evaluation of Christian school guidance counseling programs and counseling services. Describe what you think the keys are to sustaining, healing, reconciling, and guiding adolescents and children in the context of interventions and assessments within a Christian school setting. This is your chance to review and synthesize guidance counseling. Be sure to include key MACCD issues: Grace, Truth, Creation, Fall, Redemption, Relational, Rational, Volitional, Emotional, Physical, Sustaining, Healing, Reconciling, and Guiding.

Question Six--Summarize Your Small Group Discipleship Model: Present a biblical philosophy of small group ministry, describe the stages of small group development, summarize the various types of small groups, discuss keys to small group facilitation, and outline how to develop, implement, and oversee a small group ministry in the local church.

Question Seven--Summarize Your Personal Counseling and Discipleship Approach to Spiritual Disciplines and Spiritual Formation: Present the biblical philosophy behind personal spiritual formation through spiritual disciplines, outline various types of spiritual disciplines, describe in detail one of the spiritual disciplines, explain the role of a spiritual formation director, and outline your personal spiritual workout routine.

Question Eight--Summarize Your "Embryonic" Model: Assume that you are preparing for an interview for a position (in a church, in a para-church ministry, in a Bible College or Seminary, etc.) where you will be training lay counselors, pastoral counselors, or professional counselors. They want you to submit a summary of **your** model of biblical counseling and your method of equipping counselors and disciplers. What would you submit? You've been encouraged to think throughout the MACCD program about what you would do differently, how you would teach this or that, and what your views are on individual, marital, and family counseling. Be prepared to describe **your model of counseling and discipleship and your method of equipping counselors and disciplers.**